

FEBRUARY 2025

LUNCH



School Information: Type your school information here.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chili Mac
Tortilla chips
Veggies
fruit

3

Pizza
Side salad
Fruit

4

Broccoli cheese soup
Garlic toast
Fruit

5

Chicken Quesadillas
Mexican Rice
Refried beans
Fruit

6

Chicken Pattie on a bun
Waffle fries
Veggies
Fruit

10

Ham and swiss sliders
Fries
Veggies
fruit

11

Rice n chicken soup
Bread roll
Veggies
Fruit

12

Chili
Cinnamon roll
Veggies
Fruit

13

Valentine's Day

14

Presidents' Day
BBQ pulled pork
Potato salad
Veggies
Fruit

17

Cheeseburgers
Fries
Veggies
Fruit

18

Potato n bacon soup
Breadstick
Veggies
Fruit

19

NO SCHOOL

20

Hamburger patty w gravy
Mashed potatoes w roll
Veggies
Fruit

24

Mostaccioli (pasta w
sauce)
Breadstick
Veggies
Fruit

25

Chicken noodle soup
French roll
Fruit

26

Chicken breast
Rice pilaf
Side salad
Fruit

27

28