JANUARY 2025





School Information: Type your school information here.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
National Bean Day Burritos Refried Beans Spanish rice Fruit	Italian Dunkers Side salad Fruit	Chicken Noodle soup Cheddar Biscuit Fruit	Cheeseburgers Waffle fries Green beans Fruit	10
National Milk Day Spaghetti Garlic bread Green beans Fruit	Chicken tenders Fries Broccoli Fruit	Beef Vegetable soup Breadstick Fruit	Hot Dog French Fries Corn Fruit	15
Mac n Cheese Meatballs Dinner roll Green beans Fruit	Sloppy joe Tater tots Carrots Fruit	National Cheese Lover's Day Grilled Cheese Tomato soup,Veggies Fruit	Pizza Side salad Fruit	22
Chicken fried rice Egg rolls Fruit	Nachos Refried beans Corn Fruit	Potato soup w bacon Biscuit Fruit	Rib Patty sandwich French fries Mixed veggies Fruit	31