

# JANUARY 2025

## BREAKFAST



**School Information:** Type your school information here.



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



**National Bean Day**  
Pancakes  
Cereal  
Bagels

6

Breakfast Pizza  
Cereal  
Bagels

7

Mini sliders bacon egg and  
cheese w hash brown  
Cereal  
Bagels

8

Strawberry minis  
Cereal  
Bagels

9

**National Milk Day**  
Biscuits w sausage and  
gravy  
Cereal  
Bagels

11

Coffee cake  
Cereal  
Bagels

12

Sausage egg and cheese  
Biscuits  
Cereal  
Bagels

13

Pancake on a stick  
Cereal  
Bagels

14

Banana Bread  
Cereal  
Bagels

18

French toast sticks  
Cereal  
Bagels

19

**National Cheese  
Lover's Day**  
Canadian ham egg and  
cheese on English  
muffin, Cereal, Bagel

20

Breakfast burrito  
Cereal  
Bagels

21

Long johns  
Cereal  
Bagels

27

Yogurt parfait  
Cereal  
Bagels

28

Croissant w ham and  
cheese  
Cereal  
Bagels

29

Scrambled eggs  
Hash brown  
Cereal  
Bagels

30

31