DECEMBER 2024





School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



MONDAY		TUESDAY	المسيول	WEDNESDAY	#3	THURSDAY		FRIDAY	3 .
Banana Bread Cereal Bagels	Break Cerea Bagel		3	Sausage egg and cheese on a biscuit Cereal Bagel	4	Cini Minis Cereal Bagels	5		6
Biscuits w gravy and sausage Cereal Bagels	Coffee Cerea Bagel		10	Bacon egg and cheese on a English muffin Cereal Bagels	0	Nutella waffles W strawberries Cereal Bagels	12	National Cocoa Day	13
Egg tacos in a hard shell Cereal Bagels	Long Cerea Bagel		0	Mini sliders sausage egg and cheese w hash brown Cereal Bagels	18	French Toast sticks Cereal Bagels	19		20
No school	No so	chool	24	Christmas Day	25	No school	26		27
No school	30 No so	chool	31						