

NOVEMBER 2024

BREAKFAST



School Information: Type your school information here.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



French toast sticks
Cereal
Bagels

4

Coffee cake
Cereal
Bagels

5

Sausage egg and cheese
On a biscuit
Cereal
Bagels

6

Strawberry minis
Cereal
Bagels

7



8

Veterans Day
Breakfast pizza
Cereal
Bagels

11

Breakfast Burrito
Cereal
Bagels

12

Bacon egg and cheese
On a English muffin
Cereal
Bagels

13

Pancake on a stick
Cereal
Bagels

14



15

Pancakes
Cereal
Bagels

18

Potato and egg tacos
Cereal
Bagels

19

Mini sliders ham egg and
cheese w hash brown
Cereal
Bagels

20

Long Johns
Cereal
Bagels

21



22

National Parfait Day
Yogurt Parfaits
Cereal
Bagels

25

Cinnamon rolls
Cereal
Bagels

26

No School

27

Thanksgiving No School

28



29