

# OCTOBER 2024

## LUNCH



**School Information:** Type your school information here.



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Italian dunkers  
Side salad  
Fruit

1

Nachos with meat  
Refried beans  
Fruit

2

Chicken Pattie on a bun  
Waffle fries  
Corn  
Fruit

3

**Cinnamon Roll Day**

4

Corn dogs  
French fries  
Salad mix  
Fruit

7

Pizza  
Sweet potato fries  
Green beans  
Fruit

8

Burritos  
Refried beans  
Spanish rice  
Fruit

9

Chicken tenders  
Macaroni and cheese  
Bread roll  
Fruit

10

11

Chicken bacon wrap  
Chips  
Fruit

14

Goulash  
Cornbread  
Mixed veggies

15

Taco in a bag  
Refried beans  
Fruit

16

Philly cheesesteak  
French fries  
Corn  
fruit

17

18

Chicken noodle soup  
Cheddar biscuit  
Carrots  
Fruit

21

Chili  
Corn chips  
Corn  
Fruit

22

Breaded chicken breast  
Smile fries  
Mixed veggies  
Fruit

23

Orange chicken  
Fried rice  
Egg rolls  
Fruit

24

25

**National Chocolate Day**  
**Cheeseburger Fries**  
**Green beans**

28

Chicken Quesadillas  
Tortilla chips  
Refried beans

29

Grilled cheese  
Tomato soup  
Broccoli  
fruit

30

**Halloween Spaghetti**  
**Garlic Bread**  
**Green beans**  
**Fruit**

31

