

OCTOBER 2024

BREAKFAST



School Information: Type your school information here.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cinnamon Toast crunch minis
Bagels
Cereal

1

Sausage egg and cheese
On a biscuit
Cereal
Bagels

2

Cinnamon rolls
Bagels
Cereal

3

Cinnamon Roll Day

4

Apple strudel bites
Bagels
Cereal

7

Cereal day
Bagels

8

Bacon egg and cheese
On a biscuit
Cereal
Bagels

9

Pancakes
Cereal
Bagels

10

11

Biscuits and gravy
Cereal
Bagels

14

Cherry strudel stick
Cereal
Bagels

15

Ham egg and cheese on toast sandwich

16

Breakfast Pizza
Cereal
Bagels

17

18

Pancake on a stick
Bagels
Cereal

21

Yogurt parfaits
Bagels
Cereal

22

Sausage egg and cheese croissant
Cereal
Bagels

23

Coffee cake
Cereal
Bagels

24

25

National Chocolate Day
Long johns
Bagels
Cereals

28

Waffles and sausage links
Bagels
Cereal

29

Bacon egg and cheese on a bagel
Cereal
Bagels

30

Halloween
Pumpkin Chocolate chip
Muffins
Cereal
Bagels

31

