

# DECEMBER 2023

Type Your School Name Here

BREAKFAST



**School Information:** Type your school information here.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Cinnamon Roll

4

Mini Bagels and Cream Cheese

5

Ham and Eggs

6

Little Johns

7

8

Mixed Berry Parfaits

11

Pumpkin Bread

12

Waffles

13

Hard Shell Egg Taco

14

15

**National Cocoa Day**

Biscuits and Sausage Gravy

18

Egg, Cheese, Bacon on a Croissant

19

Pancake on a stick

20

Coffee Cake

21

22

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

29