

# MARCH 2024

Type Your School Name Here

LUNCH



**School Information:** Type your school information here.



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Italian Dunkers  
Tossed salad and  
Green beans

4

Hamburgers  
Smile Fries and Mixed  
Veggies

5

Chicken strips  
Mashed potatoes gravy  
Dinner roll

6

**National Cereal Day**  
**Hot dogs**  
**Chips and potato  
salad**

7

1

Burrito  
Spanish rice  
Corn and  
Little john

11

Grilled cheese  
Tomato soup Garden  
salad

12

Chicken patty on a bun  
Tater tots  
Broccoli and cheese

13

**Nachos**  
**Refried beans and  
Little John**

14

15

Spaghetti  
Garlic bread and Green  
beans

18

Pulled pork sandwich  
Baked beans and  
Potato salad

19

Pizza  
Bread stick and tossed  
salad

20

Meatball sub  
Sweet potato fries

21

22

Chicken fried rice  
Dumpling and Fortune  
cookie

25

Corn dog  
French fries

26

Taco in a bag  
Refried beans  
Little john

27

NO SCHOOL

28

29