

DECEMBER 2023

Type Your School Name Here

LUNCH



School Information: Type your school information here.



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Chicken Patty Sandwich
French Fries
Corn

4

Orange Chicken
Fried Rice
Egg Roll

5

Mini Corn Dogs
Tater Tots
Mixed Veggies

6

Lasagna
Garlic Bread
Green Beans

7

8

Grilled Cheese
Tomato Soup
Veggie Sticks

11

Beef Nachos with
Cheese
Refried Beans
Roasted Corn

12

Hamburger
Sweet Potato Fries
Baked Beans

13

Pizza
Garden Salad

14

15

Italian Dunkers
Green Beans
Garden Salad

18

Spaghetti
Garlic Bread
Green Beans

19

Chicken Tostada
Spanish Rice
Street Corn

20

Chili
Cinnamon Roll
Mixed Veggies

21

22

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

29

National Cocoa Day